

To Contact Us

If you are a carer, phone 1800 059 059*
for assistance 24 hours a day.

We are located at four sites:

Caulfield

Tel 9076 6400 Fax 9076 6139
For Port Phillip, Stonnington & Glen Eira

Cheltenham

Tel 9265 1524 Fax 9265 1487
For Bayside & Kingston

Dandenong

Tel 9212 3000 Fax 9794 6504
For Greater Dandenong, Casey & Cardinia

Mt Eliza

Tel 9788 1370 Fax 9788 1309
For Frankston & Mornington Peninsula

Or visit our website at:
<http://www.carersouth.org.au>

Telephone Interpreter Service
131 450

*Mobile calls charged at mobile rate.

CCRCMSR is funded by the Australian Government Departments of
Health & Ageing and Family & Community Services and the
Victorian Department of Human Services.

This service is part of Caulfield General Medical Centre
a Member of Bayside Health

03/07

Carer Support Dementia and Behaviour



An Australian Government Initiative

COMMONWEALTH

CARER

RESPITE

CENTRE

SOUTHERN METROPOLITAN REGION

We are here to support carers of people
with dementia, and develop strategies
to reduce stress and behaviour.

FREECALL **1800 059 059***

Carer Support – Dementia and Behaviour

Changed behaviours are a common aspect of dementia, and may include repeated questioning, forgetting, restlessness, wandering, problems with toileting, sexually inappropriate behaviour, paranoia and aggression.

Many carers of people with dementia find it stressful and upsetting dealing with the changing behaviours of the person for whom they care. The Carer Support Program – Dementia and Behaviour can assist by providing intensive support in the home and community, where the behaviours occur.

Carer support workers can:

- Provide you with information on dementia, and how this relates to the person for whom you care.
- Develop individually tailored strategies to reduce the behaviour, and assist the carer to use these strategies.
- Provide you with emotional support around caring for someone with dementia and difficult behaviour.
- Work with you to identify ways to reduce stress and enhance your wellbeing.
- Introduce you to a range of supports, such as respite and carer support groups.
- Work with respite services to better manage the person's needs and behaviour, and ensure consistency between home and respite care.

If you wish to discuss your needs or receive more information on the Carer Support Program – Dementia and Behaviour, please call the *CareLine* on 1800 059 059.

Your Comments

Please talk with staff about your experience of the service, or if you have a suggestion or complaint. For information on our grievance procedure, contact the Manager on 9076 6400.